1. Name of the Event:	three-day Yoga workshop
2. Date and Time:	25-5-23 to 27-5-23
3. Venue:	S. B. Deorah college
4. Organized by Department/ Cell/ Committee:	Department of History in collaboration with Vivekananda Kendra, Kanyakumari, Assam Prant, Branch Guwahati,
5. Name of the Convenor:	
6. Resource Person and Organization Details:	Swapna Goswami, Manju Barua, Maitrayee Bhardwaz,
7. Objective of the event:	Physical and mental well-being of the students and faculty
8. Number of Participants:	45
9. Category of Participants (e.g. Students/Faculty etc.):	Students of the department and faculty members of the college

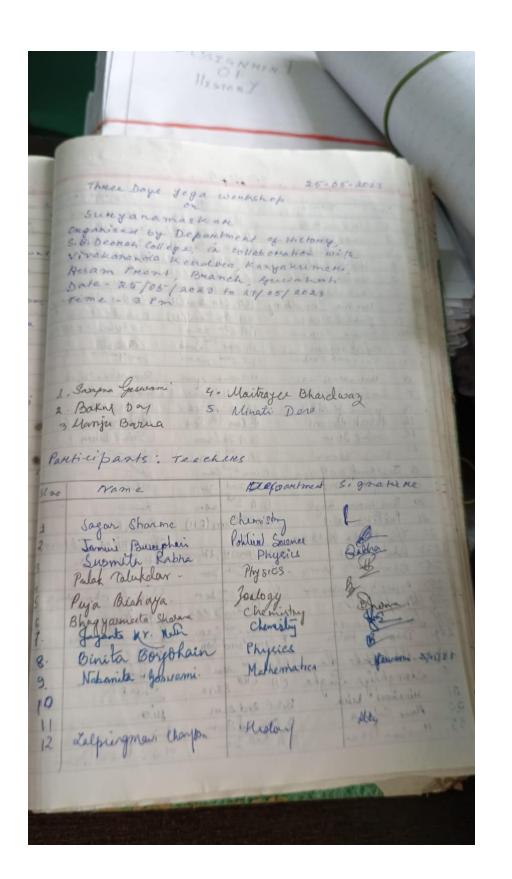
## 10. A brief report of the event:

The Department of History, S.B. Deorah, in collaboration with Vivekananda Kendra, Kanyakumari, Assam Prant, Branch Guwahati, organized a three-day Yoga workshop on Suryanamaskar from 25th May 2023 to 27th May 2023. The event witnessed enthusiastic participation from both faculty members and students, with a total of 12 faculty members and 33 students taking part in the workshop

## Photographs of the event:







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## Name & Signatures of Participants:

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